AEH COMMUNITY HEALTH SERVICES CENTER, INC.

"THE HENRY" NEWSLETTER

VOLUME 13, ISSUE 131 – AUGUST 2023

AUGUST

Each National Observance presents and opportunity to educate the public, energize co-workers, and promote healthy behaviors among those in our community.

Monthly Awareness:

National Breastfeeding Month
Nat'l Children's Eye Health & Safety Month
National Gastroparesis Awareness Month
National Immunization Awareness Month
Psoriasis Awareness Month
Digestive Tract Paralysis Awareness Month
Spinal Muscular Atrophy Awareness Month
Summer Sun Safety Month

Weeks to Note:

1- 7 World Breastfeeding Week
6-12 National Health Center Week
14-20 OSHA's Safe and Sound Week
20-26 Contact Lens Health Week

Days to Note:

1 World Lung Cancer Day
1 National Night Out
7 Healthcare for the Homeless Day
9 Int'l Day of the World's Indigenous People
23 Health Unit Coordinator Day
31 Opioid Misuse Prevention Day
31 International Overdose Awareness

VOTE! Election Day is Tuesday, August 8, 2023

All clinics CLOSED Monday, Sept. 4, 2023
In observance of Labor Day.

2023 Health Observances Calendar | Healthgrades Partner Solutions

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VISIT OUR FACEBOOK PAGE:
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www.aehchc.org

The Mission of AEHCHSC:

To improve the health of people in the Mississippi Delta and delta hills communities by increasing access to integrated, comprehensive primary and preventative health care, and related services while promoting economic development.

NHCW 2023: The Roadmap to a Stronger America

National Health Center Week is an opportunity to highlight the commitment and passion of Community Health Center staff, board members, and supporters who make it possible to provide quality, comprehensive healthcare services to more than 30 million patients across 14,500 communities annually.

800 & 600 Ohio Ave., Clarksdale, MS 38614
216 Hwy 51, North, Batesville, MS 38606
1820 Peabody Ave., Tunica, MS 38675
643 W. Service Dr., Coldwater, MS 38618
2245 N. State St., Children's Clinic Clarksdale

Newsletter Team: Bernestine McCray ~ Courtney Jones ~ Dartenya Davis ~ Glen Scott ~Jacqueline Bryant
Linda Allen ~ Mahalia Jackson ~ Mark Vortice ~ Sherria Malane ~ Tana Vassel

Honoring World Lung Cancer Day

Lung Cancer Foundation of America's Social Media Takeover on World Lung Cancer Day

Tuesday, August 1st, 2023

Since its inception in 2012, World Lung Cancer Day has been observed every year on August 1 in order to raise awareness of lung cancer issues and magnify the need for more lung cancer research funding.

Why biomarker testing makes a difference

"For lung cancer patients who haven't had access to comprehensive biomarker testing and are treated with the old standard of chemotherapy, the 5-year survival rate is somewhere around 4-6%. But, thanks to advances in lung cancer research, those who have an identified biomarker who are treated with a targeted therapy, that 5-year survival rate rises to 60%."

– Dr. Osarogiagabon, Baptist Memorial Hospital, Memphis, TN (https://youtu.be/gKioA4ob5QM?list=PLSQ4HYg0Ji1_Tk7k3aF-7j8XIqtKwJAil)

HOSPITALITY CLUB CORNER

The Hospitality Club's PURPOSE:

To promote and encourage positive employee relationships, by providing its members an opportunity to network in a non-work environment and share in fun and creative activities. To uplift members' spirits during their time of illness and bereavement and to acknowledge birthdays and Christmas.

HOSPITALITY CLUB MEMBERS' BIRTHDAYS

NAME	DAY	WORK LOCATION
Debra Hall	*05*	*Tunica*
Carolyn Quin	*10*	*Clarksdale*
Yvonne Brooks	*15*	*Administration*
Ariel Powell	*16*	*Tunica*
Caroline Heard	*17*	*Administration*
Khalilah George	*17*	*Clarksdale*
LaQuitta Green	*18*	*Finance*
Aurelia Jones-Taylor	*19*	*Administration*
Sharon Dodson	*21*	*Tunica*
Sheon Mendoza	*24*	*Clarksdale*
Carol Borgognoni	*26*	*Administration*
Melissa Banks	*28*	*Clarksdale*

Y chromosome affects cancer growth

At a Glance

- Two studies found factors on the male Y chromosome that lead to aggressive tumor growth.
- The results help explain why some cancers have different prognoses in men and women, and also suggest novel treatment strategies.

The X and Y chromosomes determine biological sex. Males have one X and one Y chromosome, and females have two X chromosomes. As males age, some cells can lose their Y chromosome due to errors in cell division. This loss of the Y chromosome is associated with health problems. Notably, it occurs in up to 40% of bladder cancers. But it's not known how loss of the Y chromosome affects tumor growth and patient outcomes.

18th Annual Celebration of Dr. William Booker Day
Friday, June 30, 2023
10:00 am - 2:00 pm

HIV Testing on Healthcare for Homeless Day

CLARKSDALE

Mon – Healthcare for Homeless Day
Tue - Nursing Home Care Day
Wed - First Responders' Appreciation Breakfast
Thur – Patient Appreciation Day
Fri - Staff Appreciation

BATESVILLE

Mon – Homeless & Patient Appreciation
Tue - Nutrition Education
Wed - Men's Health & Dr. Cummings Day
Thur - Food Pantry donation
Fri - Staff Appreciation Day

TUNICA

Mon - Patient Appreciation
Tue - Community Awareness
Wed - Nutrition Education
Thur - Homeless & Family Support Day
Fri - Staff Appreciation

COLDWATER

Mon - Patient Appreciation
Tue - Homeless Day
Wed - Senior Citizens Donations
Thur - Health Fair
Fri - Staff Appreciation Day

THE CHILDREN' CLINIC Will be undergoing renovations.

Novel vaccines may help quell polio outbreaks

•An international research team developed two oral polio vaccines that protect mice and avoid some concerns with the current vaccines.
•If proven effective in ongoing clinical trials, the novel vaccines hold promise for eradicating polio from the planet.

In the mid-1900s, the highly contagious disease poliomyelitis, or polio, was responsible for about a half-million cases of paralysis or death worldwide each year. Polio outbreaks began to drop dramatically beginning in the 1950s, after the development of two effective vaccines—one given orally, the other by injection. But despite worldwide efforts to eliminate polio, a few pockets of infection still remain, especially in developing countries.

The oral polio vaccine is often used in resource-poor regions, due to its lower cost and easy delivery. The oral vaccine is also more effective in many ways, but it has a significant drawback: It is based on a live weakened poliovirus that can mutate and evolve. In rare cases, it can become infectious. This can lead to a vaccine-derived outbreak in communities with many unvaccinated people. There are three types of poliovirus, with only type one still spreading in the wild. But outbreaks of all three types can still occur because of the vaccines.

A Medicaid Protection Expires Saturday, Threatening Coverage For 15 Million

Starting on Saturday, April 1, 2023, millions of people enrolled in Medicaid will have to re-enroll in the program or lose their healthcare coverage as a federal rule protecting them expires.
The so-called continuous enrollment provision comes to an end April 1, when states will begin a 14-month-long process of canceling Medicaid coverage for people who aren't eligible for one reason or another.
The Department of Health and Human Services estimates that 15 million people will lose Medicaid benefits as the continuous coverage provision is unwound. Of those, 6.8 million will likely be disenrolled despite still being eligible.
Among those losing Medicaid coverage, some will be able to re-enroll, some will be able to get health insurance through Obamacare or through employer-provided health plans, but others will not.

https://www.investopedia.com/covid-medicaid-protection-expires-7373671

VOTE FOR YOUR RIGHTS

Voting is the language of American democracy. The ability to participate in civic life — to have a voice in choosing the elected officials whose decisions impact our lives, families, and communities — is at the core of what it means to be an American.
At our nation's founding, voting was enshrined only for educated white men who owned property. It took more than a century for the franchise to meaningfully expand to people of color, women, people with disabilities, people who are low-income, and Native Americans. Today, some elected leaders are still working to silence people who were historically denied access to the ballot box. https://civilrights.org/value/voting-rights/

Human Resources Team

Cheryl McIver-Henderson, Director
Jacqueline Bryant, Credentialing Specialist
Linda Allen, Benefits Specialist

APPLICATION AVAILABLE: www.aehchc.org

Resumes / CVs may be emailed to **hrdirector@aehchc.org** PHONE: 662.624-4292 / FAX: 662.483.1025

AEHCHSC, Inc. is an EQUAL OPPORTUNITY EMPLOYER

Welcome back

Jamiesa Turner, LPN, II
The Children's Clinic

RYAN WHITE CORNER

The 1st Annual River City Black Gay Pride Health Summit in the Mississippi Delta.

Founders:

Mark Vortice, Director
Ryan White Program, AEHCHSC, Inc.
662.624.2504x 2227

and

Cedric Sturdevant, CEO (Far left)
Community Health Pier

PEDIATRICIAN'S CORNER

Dr. Peggy J. Wells
Pediatrician

Dr. Yasmin Cheema
Pediatrician

Tara Davis
FNP

Researchers find weaker immune response to viral infections in children with mitochondrial disorders

One of the first human studies on how mitochondrial function impacts immune cells to guide future treatments.

Mitochondria are important components of nearly every cell in the body because they convert food and oxygen into energy. Genomic variants in more than 350 genes have been linked to mitochondrial disorders with varied symptoms depending on which cells are affected.

Around 1 in 5,000 people worldwide have a mitochondrial disorder. Examples of mitochondrial disorders are Leigh's syndrome, which primarily affects the nervous system, and Kearns-Sayre syndrome, which primarily affects the eyes and heart.

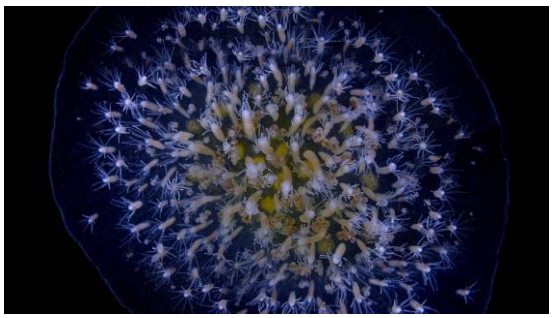
While mitochondrial disorders are known to affect organs such as the heart, liver, and brain, less is known how they affect the immune system. "We wanted to understand how immune cells differ in these patients and how that influences their response to infections." said Peter McGuire, M.B.B.Ch., NHGRI investigator, head of the Metabolism, Infection and Immunity Section

FAMILY MEDICINE CORNER

Scientists discover clues to aging and healing from a squishy sea creature

A relative of jellyfish and corals regrows its entire body with help from "aging" cells.

Insights into healing and aging were discovered by National Institutes of Health researchers and their collaborators, who studied how a tiny sea creature regenerates an entire new body from only its mouth. The researchers sequenced RNA from *Hydractinia symbiolongicarpus*, a small, tube-shaped animal that lives on the shells of hermit crabs. Just as the *Hydractinia* were beginning to regenerate new bodies, the researchers detected a molecular signature associated with the biological process of aging, also known as senescence. According to the study published in *Cell Reports*, *Hydractinia* demonstrates that the fundamental biological processes of healing and aging are intertwined, providing new perspective on how aging evolved.



How football raises the risk for chronic traumatic encephalopathy

The force of blows to the head that football players experienced over their lives better predicted chronic traumatic encephalopathy (CTE) than the number of concussions.

A better understudying of the causes of this deadly type of neurodegenerative disease could help change how football players practice and play.

Blows to the head during contact sports like football, boxing, and soccer can cause injury to the brain, called traumatic brain injury. Studies of American football players have identified a serious consequence of repeated traumatic brain injuries. In a condition called chronic traumatic encephalopathy, or CTE, tangles of a protein called tau build up in the brain after repeated head impacts. The resulting brain damage is similar to that seen in Alzheimer's disease. CTE can lead to dementia and eventually death.

TUNICA, MS - Angela Smith, April Johnson and Sharon Dodson attended a Community Health Fair, Saturday, July 8th with Dr. F. Fakorede. They provided AEH paraphernalia and BP checks for attendees.

August is National Breastfeeding Month

Like all mammals, human mothers are blessed with the ability to produce and feed their babies milk. Breast milk has always held great cultural significance; the ancient Greeks believed that the Milky Way galaxy was formed by a swirl of the goddess Hera's breastmilk (and that the breastmilk of a goddess could make a mortal invincible). We recognize National Breastfeeding Month every August.

Though the debate about whether or not to breastfeed is very old, the health benefits cannot be denied. According to the World Health Organization, universal breastfeeding could save about 820,000 infant lives each year.

https://nationaltoday.com/national-breastfeeding-month/#:~:text=U.S.&text=Like%20all%20mammals%2C%20human%20mothers,and%20feed%20their%20babies%20milk.

COVID-19 CORNER

Is the pandemic over?

With President Joe Biden formally declaring on May 11, 2023, the end to both the COVID-19 public health emergency and the national state of emergency, does that mean COVID is over?

The simple answer is no. COVID-19 is still a pandemic, and the virus continues to mutate into other variants, infecting people and in some cases, resulting in death.

The U.S. Centers for Disease Control and Prevention (CDC) is still reporting more than 85,000 cases in the U.S. every week, resulting in hospitalizations and deaths in the thousands. The numbers continue to decline, but the virus is still a concern.

The end of the state of emergency means the U.S. government is scaling back its approach to COVID-19, which means prevention, care and treatment are about to become more expensive.

https://www.osfhealthcare.org/blog/is-the-pandemic-over/#:~:text=COVID%2D19%20is%20still%20a,some%20cases%2C%20resulting%20in%20death.

BEHAVIORIAL HEALTH CORNER

Director, Carolyn Quin, MSW, LCSW, MS, CHES
(662) 624 -2504 ext. 2206

OPTOMETRIST CORNER

Dr. Wilson, Optometrist
600 Ohio Ave., Clarksdale
662.624.4292

Children's Eye Health and Safety Month is celebrated every August in the U.S. to prevent blindness. This month aims to raise awareness about the importance of taking care of children's eyes. Eye health and good eyesight are essential for young children's physical and cognitive development. Since it's not always possible for kids to understand when their eyes aren't healthy, parents should stay on top of vision issues.

DENTIST CORNER

Identifying a new contributor to tooth decay

- A type of bacteria called *Selenomonas sputigena* helps another contributor to tooth decay to form biofilms and produce damaging acid.
- Breaking the relationship between these two species may be a new strategy for preventing dental cavities.

Tooth decay can occur in people of all ages. It's caused by interactions between the diet and the microbes that live in the mouth. If left untreated, tooth decay can cause pain, infection, and tooth loss. Young children are particularly vulnerable to severe tooth decay, which affects around 600 million kids worldwide.

DON'T FORGET, VOTE Aug 8th

EXERCISE THERAPY & WELLNESS CORNER

AEHCHSC GYM & WELLNESS CENTER:
Open M-F, 8am - 5pm
600 Ohio Avenue, Clarksdale, MS

Darius Davis,
Exercise Therapist, M.S., CEPT., CPT
662.624.4292 x 2235

"Wellness Wednesday, Live-on-Facebook" has a new schedule.

Contact Ellen Dorsey for information.
662.624.4292

Groundbreaking & Construction has begun at Sasse Park

Future Plans

Future Plans: A different view