AEH COMMUNITY HEALTH SERVICES CENTER, INC.

"THE HENRY" NEWSLETTER

VOLUME 13, ISSUE 128 – MAY 2023

MAY

Each National Observance presents and opportunity to educate the public, energize co-workers, and promote healthy behaviors among those in our community.

Monthly Awareness

Arthritis Awareness Month
Better Hearing and Speech Month
Cystic Fibrosis Awareness Month
Global Employee Health and Fitness Month
Healthy Vision Month
Hepatitis Awareness Month
Lupus Awareness Month
Mental Health Awareness Month
National Asthma and Allergy Awareness Month
National Celiac Disease Awareness Month
National High Blood Pressure Education Month
National Nurses Month
National Osteoporosis Month
National Physical Fitness and Sports Month
National Stroke Awareness Month
National Teen Pregnancy Prevention Month
National Women's Health Month
Older Americans Month
Preeclampsia Awareness Month
Skin Cancer Prevention & Awareness Month

Weeks to Note:

1 - 7 National Physical Education & Sport Week
6-12 National Nurses Week
7-13 Children's Mental Health Awareness Week
7-13 National Hospital Week
8-14 National Stuttering Awareness Week
14-20 Food Allergy Awareness Week
14-20 National Women's Health Week

Days to Note:

World Asthma Day	2
World Hand Hygiene Day	5
Children's Mental Health Awareness Day	7
National Student Nurses Day	8
National School Nurse Day	10
Chronic Fatigue Syndrome Day	12
International Nurses Day	12
National Cornelia de Lange Syndrome Awareness	13
World AIDS Vaccine Day 2022	18
HIV Vaccine Awareness Day	18
National Asian and Pacific Islander HIV/AIDS Awareness Day	19
World Autoimmune/Auto-inflammatory Arthritis Day	20
National Senior Health & Fitness Day	24
World No Tobacco Day	31

NEWSLETTER FEATURES:

OBSERVANCES FOR THE MONTH OF MAY	Pg 1
SKIN CANCER / BIRTHDAYS / CANCER MOONSHOT	Pg 2
TRANSPORTATION DAY / SPOTLIGHT-DR. R. CRANE	Pg 3
H.R. NEW EMPLOYEES / RYAN WHITE PROG - PrEP	Pg 4
PEDIATRICS-ASTHMA AWARENESS / FAMILY MEDICINE	Pg 5
HAPPENING @ THE HENRY-2023 GRADUATIONS (& Pg.8)	Pg 6
END COVID-19 EMERGENCY / BEHAVIORAL HEALTH	Pg 7
TUNICA COUNTY FAIR / 2023 GRADUATES CONTINUED	Pg 8
OPTOMETRY/ EXERCISE THERAPY / FOOD ALLERGIES	Pg 9
CEO 150K SIGNING / NATIONAL DOCTOR'S DAY / DARTS	Pg 10
2023 ROADEO WINNER!!	

VISIT OUR FACEBOOK PAGE:
https://www.facebook.com/AEHCHC.org

Aurelia Jones-Taylor, CEO
ATaylor@aehchc.org

Mahalia Jackson, Editor
majackson@aehchc.org

Follow us on social media:

www.aehchc.org

The Mission of AEHCHSC:

To improve the health of people in the Mississippi Delta and delta hills communities by increasing access to integrated, comprehensive primary and preventative health care, and related services while promoting economic development.

Updated COVID-19 Booster Vaccine

Now Recommended for Children and Adults

CALL FOR DAYS & TIMES: 662.624.4292

800 & 600 Ohio Ave., Clarksdale, MS 38614
216 Hwy 51, North, Batesville, MS 38606
1820 Peabody Ave., Tunica, MS 38675
643 W. Service Dr., Coldwater, MS 38618

Newsletter Team: Bernestine McCray ~ Courtney Jones ~ Dartenya Davis ~ Glen Scott ~Jacqueline Bryant
Linda Allen ~ Mahalia Jackson ~ Mark Vortice ~ Sherria Malane ~ Tana Vassel

Skin Cancer Awareness Month: The Importance of Being Proactive

Skin cancer involves the irregular growth of malignant (cancerous) skin cells. Skin cancer is the most common type of cancer in the United States. Research suggests that at least 1 in 5 Americans will develop skin cancer by 70 years old. The condition is also diagnosed in more than 9,500 people every day in the United States. Additionally, more than two people die of skin cancer each hour.

- Although people with lighter skin tones are at a higher risk of developing skin cancer, anyone can get it. Furthermore, people with darker skin tones are often diagnosed at a later stage, which increases their risk of dying from skin cancer.

However, skin cancer is highly preventable. It can also be cured in 99 percent of cases, as long as it's treated early.

Skin Cancer Awareness Month: Signs, Symptoms, Pictures, and Prevention (healthline.com)

HOSPITALITY CLUB CORNER

The Hospitality Club's PURPOSE:

To promote and encourage positive employee relationships, by providing its members an opportunity to network in a non-work environment and share in fun and creative activities. To uplift members' spirits during their time of illness and bereavement and to acknowledge birthdays and Christmas.

HOSPITALITY CLUB MEMBERS' BIRTHDAYS

NAME	DAY	WORK LOCATION
Rebecca Crane	03	Batesville
Christy Carmichael	05	Clarksdale
Linda Allen	07	Administration
Angela Vardaman	08	Tunica
Otibehia Allen	23	DARTS
April Johnson	31	Tunica

NIH study outlines opportunities to achieve President Biden's Cancer Moonshot goal of reducing cancer death rates in the United States

Accelerated progress is needed to achieve Cancer Moonshot goal of cutting the age-adjusted cancer death rate by at least 50% over 25 years, NIH study says.

The opportunities outlined in the study include further reducing the prevalence of cigarette smoking and use of other tobacco products, increasing the use of colonoscopy for prevention and early detection of colorectal cancer, increasing the use of hormone therapy to prevent and treat breast cancer, and increasing detection and treatment of hepatitis B and hepatitis C viral infections to reduce the risk of liver cancer. Additionally, new strategies are needed to reduce deaths from prostate, liver, pancreatic, and other cancers, as well as to address inequities in access to all these interventions.

"There are a lot of tools that we know have reduced cancer death rates substantially for specific cancers, and if those are used more broadly, with greater access, we feel that this ambitious goal might be achievable," said Meredith Shiels, Ph.D., of NCI's Division of Cancer Epidemiology and Genetics, who led the study.

DARTS
MOVING THE DELTA

COMMUNITY TRANSPORTATION DAY

Thursday, June 15, 2023

Pleasant Valley Church Vision Center
1051 Walnut Street
Clarksdale, MS

ALL Vendors are Welcome!

*To set up a table, call **Calvin Glover**, (662) 624-4292 x 2238*

Ellen Dorsey is talking with Dr. Rebecca Crane, PharmD about hypertension management on, "Wellness Wednesday", Live On Facebook , April 12, 2023. #KnowYourNumbers

Provider Spotlight

We are proud of the many excellent and qualified providers we have at AEH. This month, we recognize a very special member of our staff.

Rebecca Crane, PharmD, BCACP
Clinical Pharmacist

"I am proud to be a member of the AEH team in providing excellent health care for the citizens of the Mississippi Delta."

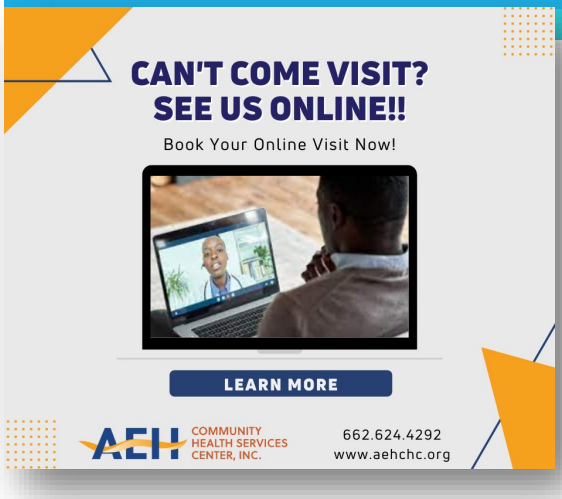
Rebecca Crane received her Bachelor of Science in Pharmaceutical Sciences and Doctorate of Pharmacy from University of Mississippi School of Pharmacy and completed her PGY-1 Pharmacy Practice Residency with a focus in Ambulatory Care at University of Mississippi Medical Center. She has been wih AEH since 2019.

Dr. Crane serves at our Batesville clinic at 216 Hwy. 51. She may be reached at 662-563-1858.

AEH COMMUNITY HEALTH SERVICES CENTER, INC.

Quality and compassionate health care right here at home

National Blood Pressure Month in May provides awareness regarding hypertension. Many people don't even know they have high blood pressure. Symptoms of hypertension often go unnoticed and if left uncontrolled the risk of heart problems such as stroke or heart attack increase. https://nationaldaycalendar.com/national-blood-pressure-education-month-may/#:~:text=NATIONAL%20BLOOD%20EDUCATION%20PRESSURE%20MONTH,stroke%20or%20heart%20attack%20increase.



NIH HEAL Initiative Meets People Where They Are

The opioid crisis continues to devastate communities across America. Dangerous synthetic opioids, like fentanyl, have flooded the illicit drug supply with terrible consequences. Tragically, based on our most-recent data, about 108,000 people in the U.S. die per year from overdoses of opioids or stimulants. Although this complex public health challenge started from our inability to treat pain effectively, chronic pain remains a life-altering problem for 50 million Americans.

Read More . . .

Human Resources Team

Cheryl McIver-Henderson, Director
Jacqueline Bryant, Credentialing Specialist
Linda Allen, Benefits Specialist

APPLICATION AVAILABLE: www.aehchc.org

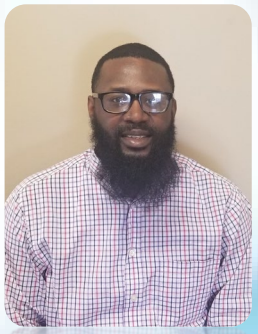
Resumes / CVs may be emailed to hrdirector@aehchc.org PHONE: 662.624-4292 / FAX: 662.483.1025

AEHCHSC, Inc. is an EQUAL OPPORTUNITY EMPLOYER

Welcome! Our Newest Employees
We're glad you're here!

Keanna Barnett
Client Care Counselor
Coldwater

Welcome



Gregary Kimber
Custodian
Tunica

Tracie Sherrod
Custodian
Clarksdale Clinic

Welcome

JOB VACANCIES

Clarksdale
Exercise Therapist
Purchasing Clerk
Revenue Cycle Manager
Drivers, Full or Part-time

Tunica
Social Worker
WIC Certifier/Nutritionist/RN

Coldwater
Client Care Counselor
Billing Associate

RYAN WHITE CORNER

Mark Vortice,
Director
662.624.2504
x 2227

What's the Next Step After You're Diagnosed with HIV?

After you are diagnosed with HIV, it's important to see a health care provider who can help you start medicine to treat HIV (called antiretroviral therapy or ART) as soon as possible. Treatment with HIV medicine is recommended for all people with HIV, regardless of how long they've had the virus or how healthy they are.

HIV medicine can reduce the amount of HIV in your blood (also called your viral load) to an undetectable level—a level so low that a standard lab test can't detect it. People with HIV who take HIV medicine exactly as prescribed and get and keep an undetectable viral load can **stay healthy** and **will not transmit HIV to their HIV-negative partners through sex**. Living With HIV - A Guide To Living A Normal Life WIth HIV | HIV.gov

PrEP or Pre-exposure prophylaxis is medicine taken to prevent getting HIV.

PrEP is for women too! Talk to your **doctor**, **Mark or Laquita** about taking PrEP.
https://www.cdc.gov/hiv/library/awareness/nwghaad.html

Laquita Dawson
PrEP Navigator
662.624.2504

PEDIATRICIAN'S CORNER

World Asthma Day (WAD) (May 5, 2021)

Dr. Peggy J. Wells
Pediatrician

Dr. Yasmin Cheema
Pediatrician

Tara Davis
FNP

This year's **World Asthma Day** theme is "Uncovering Asthma Misconceptions". The theme provides a call to action to address common widely held myths and misconceptions concerning asthma that prevent persons with asthma from enjoying optimal benefit from the major advances in the management of this condition. **Common misconceptions surrounding asthma include:**

1. Asthma is a childhood disease; individuals will grow out of it as they age.
2. Asthma is infectious.
3. Asthma sufferers should not exercise.
4. Asthma is only controllable with high dose steroids.

The Truth is:

1. Asthma can occur at any age (in children, adolescents, adults and elderly)
2. Asthma is not infectious. However, viral respiratory infections (such as common cold and the flu) can cause asthma attacks. Or In children, asthma is frequently associated with allergy, but asthma which starts adulthood is less often allergic.
3. When asthma is well controlled, asthma subjects are able to exercise and even perform top sport.
4. Asthma is most often controllable with low dose inhaled steroids

FAMILY MEDICINE CORNER

https://nationaltoday.com/world-preeclampsia-day/

Every May, **Celiac Disease Awareness Month** increases the public's knowledge of the autoimmune disorder celiac disease. According to the University of Chicago Celiac Disease Center, "When a person who has celiac disease consumes gluten, a protein found in wheat, rye, and barley, the individual's immune system responds by attacking the small intestine and inhibiting the absorption of important nutrients into the body." Those with the disease must adhere to a strict, no-gluten diet, as there is no current cure. Complications including infertility and osteoporosis can occur if the individual is not tested and treated, so awareness is crucial.

https://nationaltoday.com/celiac-disease-awareness-month/

National Osteoporosis Awareness and Prevention Month is observed in May every year. It's a whole month dedicated to raising awareness and spreading the importance of bone health, as well as sharing important ways to prevent this disease. During the month of May, seminars, symposiums, and talks by people living with osteoporosis are conducted all over the country. These events aim to debunk myths about the disease and help others gain an understanding of how to manage osteoporosis in diagnosed patients. Most importantly, you can contribute to many fundraisers to further improve patient care and support for people with osteoporosis.

World Preeclampsia Day is observed annually on May 22. Preeclampsia and related hypertension diseases of pregnancy affect roughly 76,000 mothers and 500,000 newborns every year. World Preeclampsia Day aims to increase awareness about this potentially fatal pregnancy condition. Preeclampsia occurs around the 20th week during pregnancy and is characterized by high blood pressure and protein in the urine. It can cause major difficulties for both the mother and the baby if not monitored and managed. Less time between diagnosis and treatment means better outcomes for both mother and baby. Pre-eclampsia can be recognized simply during routine prenatal checks.

National Stroke Awareness Month is observed in the United States every year during May. This month aims to create public awareness about stroke risk factors and to lessen the occurrence of stroke in the U.S. A stroke is a medical condition where poor blood flow to the brain results in cell death. There are two main types of stroke — ischemic stroke, which occurs due to lack of blood flow, and hemorrhagic stroke, which occurs due to bleeding. Both conditions cause parts of the brain to stop functioning properly. A stroke happens in America every 40 seconds, and someone dies of it every four minutes.

https://nationaltoday.com/national-stroke-awareness-month/

Happy Graduation

Zackary J. Newson, the son of Darchelle Newson (Clarksdale Clinic) and the late Thadius Clark, is a 2023 graduate from the University of Mississippi majoring in Criminal Justice and Spring 22 Initiate of the Nu Upsilon Chapter of Alpha Phi Alpha Fraternity, Inc. Zack's plan is to attend the UM to receive his Master of Education in Higher Education. He has secured a Graduate Assistantship in the Office of Fraternity and Sorority Life.

Zackary J. Newson,
Bachelor of Science Candidate in Criminal Justice
The University of Mississippi
zackjnew@go.olemiss.edu

Mikel Talley, son of Angela and Michael Talley, is a graduating senior from Rosa Fort High School. He plans to attend **Gupton-Jones College** in the fall and major in Funeral Services. He's a one-of-a-kind young man says his mother, Angela (formerly Smith), Tunica Clinic.

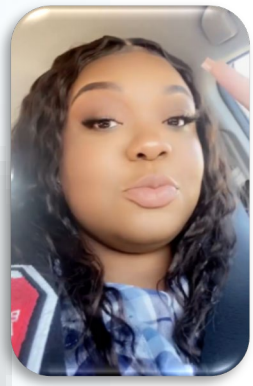
La'Jaeah R. Coley, daughter of Latifany Coley - Tunica Clinic, is a graduating senior from Rosa Fort High School. She plans to attend nursing school to become an RN (Registered Nurse).

Faith Davis, daughter of Caroline Heard, (Referral Dept., AJ-T Administrative Complex), is a graduating senior from Clarksdale High School. She plans to attend Coahoma Community College (CCC) to study Computer Technology.

Class of 2023

Bryce Walls, son of Lynn and Megan Walls (Billing Associate-Finance Dept.) is graduating 6th grade from St. Elizabeth Catholic School.
He will be continuing to 7th grade at Lee Academy focusing on academics and furthering his dream of playing professional football.

Eriana D Holden, daughter of Ehrich Holden, Sr. and Tamicka Miller (Medical Records-Clarksdale Clinic) is a graduating senior from Coahoma County Jr/Sr High School on June 2, 2023 @ 6pm, at CCC. She plans to attend the University of Mississippi and major in Allied Health Studies.



Sharia Davis, daughter of Tara Davis, FNP-Children's Clinic and Shaun Davis, is a graduating senior from Cleveland Central High School.
She plans to become a pediatrician. As of now, her choices of a college are still undecided.

LaDarrion Davis, son of Roxie Williams (Staff Accountant-Finance), is a graduating senior from Madison Shannon Palmer High School in Marks, MS on May 20th. He plans to go to a trade school, CCC, Northwest, or Ole Miss.

~ Continued on page 8 ~

COVID-19 CORNER

Biden signs bill ending Covid-19 national emergency

CNN — President Joe Biden signed legislation Monday to end the national emergency for Covid-19, the White House said, in a move that will not affect the end of the separate public health emergency scheduled for May 11.

The official said that "to be clear, ending the National Emergency will not impact the planned wind-down of the Public Health Emergency on May 11" – which enabled the government to provide many Americans with Covid-19 tests, treatments and vaccines at no charge, as well as offer enhanced social safety net benefits, to help the nation cope with the pandemic and minimize its impact, as CNN previously reported.

WHAT DOES THIS MEAN? –
Ending the national emergency will end the use of some waivers for federal health programs meant to help health care providers during the height of the pandemic. The law Biden signed Monday did not affect the public health emergency, which is still set to expire in May — along with the Trump-era Title 42 border policy.

BEHAVIORIAL HEALTH CORNER

Director, Carolyn Quin, MSW, LCSW, MS, CHES
(662) 624 -2504 ext. 2206

National Children's Mental Health Awareness Day shines a national spotlight on the importance of caring for every child's mental health and reinforces that positive mental health is essential to a child's healthy development.

The purpose of Awareness Day is to increase public awareness about the needs of children with serious mental illness (SMI) and severe emotional disturbance (SED) and their families, provide information on evidence-based practices, and encourage those who need help to seek treatment.

More than 1,100 communities and 170 national collaborating organizations and federal programs across the country participate in community events, youth educational programs, health fairs, art exhibits, and social networking campaigns in observance of Awareness Day.

Over the years, Awareness Day has grown in scope, visibility, and support. As a result of Awareness Day, organizations at the national level and in communities have developed relationships that have led to new collaborations and strengthened existing ones, creating greater opportunities for the long-term sustainability of their programs.

SAMHSA's National Helpline is a free, confidential, 24/7, 365-day-a-year.

Call: 1-800-662-HELP (4357)

The 2nd Annual Tunica County Health Fair

Tunica staff pictured with AEH Board members, Sharon Donner (left), Georgia Tolliver-Greer (right) and Eugene Bridges (above) from the Sheriff's Department.

Staff: Sharon Dodson, Latoya Sanders, Latifany Coley, Stanesha Love and April Johnson.

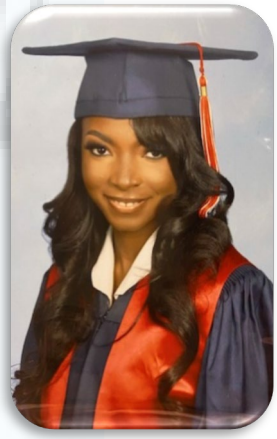
Class of 2023

Keifer Mekhi Baker son of Pamela M. Baker, WIC Clerk/CBS- Tunica, and Stanley L. Burl, is a graduating senior from Lake Cormorant High School, on May 20th.

Special accomplishments: Drumline Captain, Homecoming King, full band scholarship to Northwest MS Community College and the NW Ranger band in the fall to study Music Education and Engineering. Then, on to Delta State University to minor in Psychology. Keifer plans to become a Band director, Drumline Tech, and a music engineer.

Kamiyah Driver of Olive Branch, granddaughter of Hattie Driver-Children's Clinic, daughter of Harry Driver and Kristina Cooke.

Kamiyah will graduate with honors from Lewisburg High School, May 19 @ 7 p.m. Landers Center, Southaven, MS. She plans to attend Ole Miss.



Desiree M. Driver, granddaughter of Hattie Driver and daughter of Nikita Driver-Thomson, will graduate from MS State University. Her major is Business Administration with an emphasis in Marketing.

Johterrian "Lil Mark" **Evans** is a graduating senior from Clarksdale High School. He is the son of Mark Vortice, Ryan White Program Director. He scored 30 on his ACT, highest in his class and district. Johterrian was offered four (4) full scholarships from different HBCU's, but he plans to attend Mississippi Valley State University majoring in Political Science and Policy and Procedures. He plans to further his education at the University of Redlands, CA. His thoughts are to make a difference in Social Justice within the Black Community.

OPTOMETRIST CORNER

Eyelid Trouble? | NIH News in Health

You probably don't give your eyelids much thought. But many conditions can irritate them.

One of the most common issues is called blepharitis. Blepharitis is an **inflammation** of the eyelid. It can affect the inside or the outside of the skin that lines the eyes.

The condition can make your eyelids red, swollen, irritated, and itchy. It can also cause crusty dandruff-like flakes to form on your eyelashes. Though rarely dangerous, blepharitis may cause discomfort and pain.

The main cause of blepharitis is extra growth of the normal bacteria found on your skin. Other conditions, including allergies, **rosacea**, certain mites, dandruff, or oily skin can increase the risk of this bacterial overgrowth.

Dr. S. Wilson, Optometrist
600 Ohio Ave., Clarksdale
662.624.4292

FARE (Food Allergy Research and Education) is one of the world's largest not for profit organizations that specializes in raising awareness of food allergies, educating, researching and providing relevant information. It was founded in 1991, by a mother whose daughter had recently been diagnosed with a milk and egg allergy.

It began its **Food Allergy Awareness Week** in 1998. The aim of this week is to raise awareness of different food allergies and improve public understanding of what can sometimes be a life-threatening condition.

EXERCISE THERAPIST CORNER

AEHCHSC GYM & WELLNESS CENTER:
Open M-F, 8am - 5pm
600 Ohio Avenue, Clarksdale, MS

Ellen Dorsey, CHW/Wellness
662-624-4292

Join Us on **"Wellness Wednesday's"**, our health education program, (the 1st, 2nd & 3rd Wednesday of each month), at 10:00 a.m. **Live on Facebook or In-person** at the Aurelia Jones-Taylor Administrative Complex 600 Ohio Avenue

CEO Aurelia Jones-Taylor & Coahoma County Board of Supervisor's President, Johnny Newson, with other AEHCHC staff, County Supervisors & their staff, took part in a signing ceremony for the Board's $150,000 contribution to the Sasse Street Park renovation in late March. This is a joint initiative with AEH board member, Josephine P. Rhymes and the CEO).

Congratulations!

Gail Harris (center), DARTS Driver for placing 3rd in the Van Division of the Annual 2023 ROADEO.

-Submitted by Calvin M. Glover, BPS Regional Mobility Manager