AEH COMMUNITY HEALTH SERVICES CENTER, INC.

"THE HENRY" NEWSLETTER

VOLUME 13, ISSUE 127 – APRIL 2023

APRIL

Each National Observance presents and opportunity to educate the public, energize co-workers, and promote healthy behaviors among those in our community.

Monthly Awareness

Alcohol Awareness Month (NCADD)
Irritable Bowel Syndrome Awareness Month
Medicaid Awareness Month
National Autism Awareness Month (Day-4/2)
National Cancer Control Month
National Child Abuse Prevention Month
National Donate Life Month
National Facial Protection Month
National Minority Health Month
National Parkinson's Awareness Month
National Sarcoidosis Awareness Month
Occupational Therapy Month
Oral Cancer Awareness Month
Sexual Assault Awareness and Prevention Month
STI/STD Awareness Month
Testicular Cancer Awareness Month

Weeks to Note:

3- 9 National Public Health Week
16-22 Oral, Head & Neck Cancer Awareness Week
23-29 National Infertility Awareness Week
23-29 National Pediatric Transplant Week
23-29 Patient Experience Week
24-28 National Youth Violence Prevention Week
24-30 World Immunization Week
24-30 Every Kid Healthy Week
24-30 National Infant Immunization Week

Days to Note:

7 World Health Day & Good Friday
10 National Youth HIV/AIDS Awareness Day
14 National Donate Life Blue & Green Day
16 Annual National Healthcare Decisions Day
17 World Hemophilia Day
28 World Day for Safety & Health at Work
29 National Prescription Drug Take Back Day

2023 Health Observances Calendar | Healthgrades Partner Solutions

NEWSLETTER FEATURES:

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VISIT OUR FACEBOOK PAGE:
https://www.facebook.com/AEHCHC.org

Aurelia Jones-Taylor, CEO
ATaylor@aehchc.org

Mahalia Jackson, Editor
majackson@aehchc.org

Follow us on social media:

www.aehchc.org

The Mission of AEHCHSC:

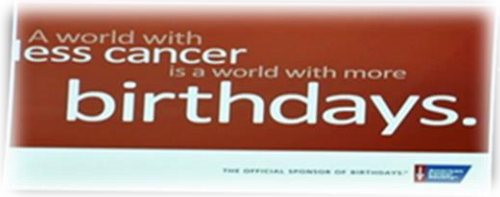
To improve the health of people in the Mississippi Delta and delta hills communities by increasing access to integrated, comprehensive primary and preventative health care, and related services while promoting economic development.

YES, we're open for COVID-19 &
Flu Vaccinations & COVID Boosters!
CALL FOR DAYS & TIMES: 662.624.4292

800 & 600 Ohio Ave., Clarksdale, MS 38614
216 Hwy 51, North, Batesville, MS 38606
1820 Peabody Ave., Tunica, MS 38675
643 W. Service Dr., Coldwater, MS 38618

Newsletter Team: Bernestine McCray ~ Courtney Jones ~ Dartenya Davis ~ Glen Scott ~Jacqueline Bryant
Linda Allen ~ Mahalia Jackson ~ Mark Vortice ~ Sherria Malane ~ Tana Vassel

April is oral cancer awareness month.



Fast facts about oral cancer

- Oral cancer is often grouped together with oropharyngeal cancer, which is cancer that develops in the back of the throat. Together, these two cancers are the sixth most commonTrusted Source type of malignancy worldwide.
- The American Cancer Society (ACS)Trusted Source estimates that 54,540 people in the United States will receive new diagnoses of oral or oropharyngeal cancer in 2023. About 11,580 people will die from these cancers in 2023.
- Most people who get oral cancer are over the age of 40Trusted Source, although it can happen in young people as well.
- People assigned male at birth in most racial and ethnic groups are 2 to 3 timesTrusted Source more likely to develop oral cancer than those assigned female at birth.
- Mortality (death) because of oral cancer hasn't decreased significantlyTrusted Source in the past 40 years.

https://www.healthline.com/health/oral-cancer/oral-cancer-awareness-month#causes-and-risk-factors

HOSPITALITY CLUB CORNER

The Hospitality Club's PURPOSE:

To promote and encourage positive employee relationships, by providing its members an opportunity to network in a non-work environment and share in fun and creative activities. To uplift members' spirits during their time of illness and bereavement and to acknowledge birthdays and Christmas.

You make decisions about your health every day. But have you made plans for your care in case of medical emergency or serious illness?

April 16 is **National Healthcare Decisions Day** (NHDD).

It's the perfect time to start your advance care planning.

HOSPITALITY CLUB MEMBERS' BIRTHDAYS

NAME	DAY	WORK LOCATION
Sidney M. Wilson	*01*	*Administration*
Anita Warrick	*02*	*DARTS*
Jelisa Stanford	*10*	*Batesville*
Priscilla A. Edwards	*12*	*Administration*
Tiffany Newell	*14*	*Tunica*
Denese Woods	*17*	*Tunica*
Benetha P. Kuykendall	*21*	*Batesville*
Dimetric Burrage	*21*	*Clarksdale*
Toynet Betts Coley	*27*	*Administration*
Bianca Williams	*27*	*Clarksdale*

National Donate Life Blue & Green Day ~ April 14, 2023

On National Donate Life Blue & Green Day, the public is encouraged to wear blue and green and to engage in sharing the Donate Life message and promoting the importance of registering as an organ, eye and tissue donor.

Red Nose Day & St. Patrick's Day
FRIDAY, MARCH 17, 2023

Walgreens, in collaboration with supporting suppliers and customers, raises funds for education, necessary medicine, healthy meals and shelter and more for millions of children in the United States and throughout the world through the sale of Red Nose Day items and monetary donations.

TUNICA

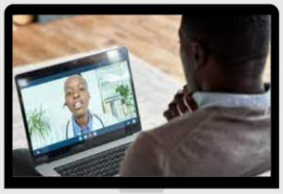
ADMINISTRATION

BATESVILLE

CLARKSDALE

CAN'T COME VISIT? SEE US ONLINE!!

Book Your Online Visit Now!



LEARN MORE

AEH COMMUNITY HEALTH SERVICES CENTER, INC.

662.624.4292
www.aehchc.org

"WORLD CRAZY SOCKS DAY: WORLD DOWN SYNDROME DAY" - Tunica

People celebrate World Down Syndrome Day (March 21) by wearing crazy socks. John Cronin designed and created the world's first Down Syndrome Awareness Socks in 2017.

Human Resources Team

Cheryl McIver-Henderson, Director
Jacqueline Bryant, Credentialing Specialist
Linda Allen, Benefits Specialist

APPLICATION available www.aehchc.org:

Resumes / CVs may be emailed to hrdirector@aehchc.org **PHONE:** 662.624-4292 / **FAX:** 662.483.1025

AEHCHSC, Inc. is an EQUAL OPPORTUNITY EMPLOYER

Our Newest AEH / DARTS Employees
Welcome, we're glad you're here!

Michael Sims
Driver
DARTS

Paige Upchurch
Client Care Counselor
Coldwater

Gwendolyn Chambers
Licensed Social Worker
Coldwater

Gail Harris
Driver
DARTS

Welcome

Welcome

RYAN WHITE CORNER

Mark Vortice,
Director
662.624.2504
x 2227

PrEP or Pre-exposure prophylaxis is medicine taken to prevent getting HIV. PrEP is highly effective for preventing HIV when taken as prescribed. PrEP reduces the risk of getting HIV from sex by about 99%.

DID YOU KNOW?:
PrEP reduces the risk of getting HIV from injection drug use by at least 74%.

Laquita Dawson
PrEP Navigator
662.624.2504

PrEP is for women too! Talk to your doctor and **Mark or Laquita** about taking PrEP. https://www.cdc.gov/hiv/library/awareness/nwghaad.html

Bivalent boosters provide better protection against severe COVID-19

Bivalent booster vaccines against SARS-CoV-2 were 37% more effective than older booster shots at reducing the risk of severe COVID-19.

WHAT'S HAPPENING @ 'THE HENRY'

-AMERICAN HEART MONTH-

Tunica's Staff (A-Z):

Angela Smith
Angela Vardaman
April Johnson* Sch-Base
Ariel Powell, FNP* Sch-Base
Darlene Page
Debra Hall
Denese Woods
Dentrevionne Jones
Jerry Parnell
LaQuitta Wiggins* Sch-Base
Latifany Coley
Latoya Sanders
Niner Smith
Odilichi Ezenwanne, MD
Pamela Baker
Sharon Dodson
Stanesha Love
Tiffany Newell, FNP-C
***Not all staff are pictured here.**

Congratulations Amanda Geter, LPN, Coldwater Clinic for your winning entry in our Black History Month Contest!

Black History Month affords us the chance to challenge what we've learned in history, dig deeper, and find out the actual events of the past that were not taught in schools. It allows us to learn about, celebrate, and honor Black leaders. Many of these leaders endured sacrifice and suffering and must be honored.

Contact: **Ellen Dorsey**
662-624-4292

Join Us

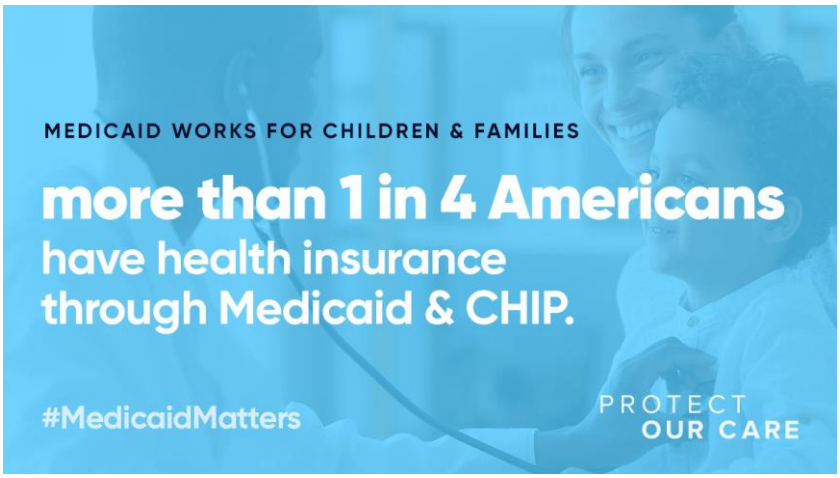
for our health education program, **"Wellness Wednesday's"**, (the 1st, 2nd & 3rd Wednesdays, each month), **Live on Facebook.**

Community Health Worker, Ellen Dorsey presents helpful tips and speakers in the profession of good health and nutrition. The community is encouraged to participate and ask questions both in-person and live on Facebook.

The main goal of these presentations is to lower the statistics of patients with diabetes, hypertension and obesity, by adapting good eating habits and exercising regularly.

These events take place at the **Aurelia Jones-Taylor Administrative Complex & Wellness Center**, 600 Ohio Avenue, Clarksdale, MS.

PEDIATRICIAN'S CORNER



Dr. Peggy J. Wells
Pediatrician

Dr. Yasmin Cheema
Pediatrician

Tara Davis
FNP

April raises awareness for Medicaid – a lifeline for millions of Americans (especially children) who otherwise wouldn't have healthcare. This month helps to highlight the importance that this program plays in the lives of adults, children, and people with disabilities.

FAMILY MEDICINE CORNER

Mississippi and the ACA's Medicaid expansion

In 2021, Medicaid expansion advocates in Mississippi began gathering signatures to get Initiative 76 on the 2022 ballot. This measure would have let the state's voters decide whether Medicaid should be expanded, and it's worth noting that this approach has resulted in Medicaid expansion in several other states and voters have never failed to pass a Medicaid expansion measure in any state when it has been on the ballot. However, Initiative 76 was suspended in mid-2021, after it was determined that a state Supreme Court ruling in 2020 had invalidated the Mississippi ballot initiative process. So voters in Mississippi did not get a chance to weigh in on Medicaid expansion in the 2022 election.

Mississippi	has not	accepted federal Medicaid expansion
701,409	Number of Mississippians covered by Medicaid/CHIP as of May 2021	
217,000	Number of additional Mississippi residents who would be covered if the state accepted expansion	
102,000	Number of people who have NO reallistic access to health insurance without Medicaid expansion	
Over $2 billion	Federal money Mississippi is leaving on the table in 2022 by not expanding Medicaid	

health insurance .org

Apply for Medicaid in Mississippi Apply online

You can enroll through HealthCare.gov or you can fill out a PDF of the Mississippi Medicaid Application Form. You can also enroll by phone at 800-318-2596.

ELIGIBILITY: Parents with dependent children are eligible with household incomes up to 22% of FPL. Children are eligible for Medicaid or CHIP with household incomes up to 209% of FPL, and pregnant women are eligible with household incomes up to 194% of FPL.

Focus on Your Feet! (Take Steps to Protect Foot Health)

How often do you think about your feet? It's usually only when something goes wrong that we realize just how important our feet really are.

"Our feet are usually covered with shoes and socks, and they're easy to forget about, or we might take them for granted," says Dr. David G. Armstrong, a foot doctor (podiatrist). "But we shouldn't ignore them. Foot problems can really limit activity and make it hard to move through the world."

Your feet can also provide early clues to problems in other parts of your body. For example, stiff joints in your feet or ankles could be a sign of arthritis elsewhere.

You can help your hard-working feet stay at their best. Start by being alert to foot pain or other problems that might need a doctor's care.

COVID-19 CORNER

RECOVER: What Clinical Research Comes Next for Helping People with Long COVID

RECOVER is unprecedented in its size and scope as the most-diverse, deeply characterized cohort of Long COVID patients.

"I connected with RECOVER to be a part of the answers that I was looking for when I was at my worst." *Long COVID patient and* ***RECOVER*** *representative,* ***Nitza Rochez*** *(Bronx, NY).* People, like Nitza Rochez, who are living with Long COVID—the wide-ranging health issues that can follow an infection with SARS-CoV-2, the coronavirus that causes COVID-19—experience disabling symptoms with significant physical, emotional and financial consequences.

The NIH has been engaging and listening to Nitza and others living with Long COVID even before the start of its Researching COVID to Enhance Recovery (RECOVER) Initiative . But now, with the launch of **RECOVER**, patients and those with affected family or community members have joined researchers, clinicians, and experts in their efforts to unlock the mysteries of Long COVID. All have come together to understand what causes the condition, identify who is most at risk, and determine how to prevent and treat it.

So far, we've learned that people hospitalized with COVID-19 are twice as likely to have Long COVID than those who were not hospitalized for infection. We've also learned that members of racial and ethnic minority groups with Long COVID were more likely to have been hospitalized with COVID-19.
Similarly, disparities in Long COVID exist within those living in areas with particular environmental exposures and those who were already burdened by other diseases and conditions—such as diabetes and chronic pulmonary disease. We've also discovered that the certain types of symptoms of Long COVID are consistent among patients regardless of which SARS-CoV-2 variant caused their initial infection. Yet, people infected with the earlier variants have a higher number of symptoms than those infected with more recent variants.
RECOVER patient representative, **Juan Lewis**, of San Antonio shared with us, "In April 2020, I was fighting for my life, and today I fight for my quality of life. COVID impacted me physically, mentally, socially, and financially."

BEHAVIORIAL HEALTH CORNER

Sexual Assault Awareness Month 2023, **"Drawing Connections: Prevention Demands Equity."**

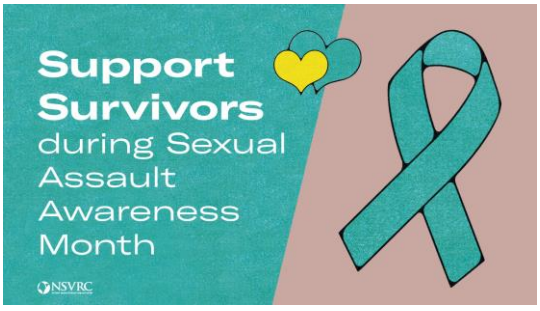
Every 73 seconds, an American is sexually assaulted. And every 9 minutes, that victim is a child.

Each one of us can help promote healthy and positive relationships that are based on respect, safety and equality.

Sexual violence is sexual activity when consent is not obtained or freely given. It is a serious public health problem in the United States that profoundly impacts lifelong health, opportunity, and well-being. Sexual violence impacts every community and affects people of all genders, sexual orientations, and ages. Anyone can experience or perpetrate sexual violence.

Sexual Assault Awareness and Prevention Month (SAAPM) is recognized in April by both civilian and military communities. The Department of Defense observes SAAPM by focusing on creating the appropriate culture to eliminate sexual assault and requiring a personal commitment from all Service members.

"*STEP FORWARD.* Prevent. Report. Advocate."



Access **help** through the National Sexual Assault Hotline, reachable 24 hours a day at 1-800-656-HOPE.

Director, Carolyn Quin, MSW, LCSW, MS, CHES
(662) 624 -2504 ext. 2206

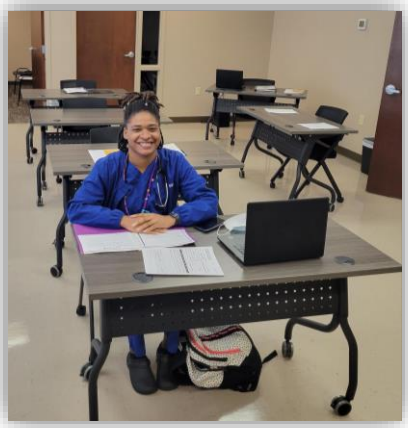
Externship @ Aaron E. Henry Community Health Services Center, Inc.

Meet **Ms. Iesha Johnson**, a Medical Assistant student at Concorde Career College, who is completing her clinicals at our Clarksdale Clinic. Through an affiliation agreement between Aaron E. Henry Community Health Services Center, Inc. and Concorde, Iesha and students like her will gain firsthand, field experience in her major or study of interest, and relevant skills to showcase on her resume.

An **externship** is a great way to discover a career path. The externs who complete their clinicals with AEH help complete a variety of tasks, which allows them to gain experience in different aspects of the company. Externship is also a good opportunity to learn whether the career is a good fit for the student's skill set and interests.

Iesha will be mentored and supervised by some of the best and brightest in the healthcare industry. These mentors will help guide her and provide helpful advice to use as she navigates her career path. Externship also provides students the opportunity to meet others within the company who have diverse work experience and professional connections.

Externships allow students to apply knowledge and theories from classroom curriculum to real world application in the workplace. Students also gain both practical skills that teach them to be professional, accountable and take initiative.



Externships are a great way to create a pipeline of future employees. Aaron E. Henry often hires students who complete externships with us. It has proven to be a smooth transition for students to become employees right out of college. **Dr. Christopher Cathey,** and **Lakendra Johnson** both completed externships at Aaron E. Henry Community Health Services Center. Dr. Cathey is now the Dental Director and Lakendra is one of our Dental Assistants.
Offering externships through our local colleges is also a great way to build relationships with the greater community. After all, **it's the Aaron Henry way.**

-Jacqueline Bryant
Human Resources Credentialing Specialist

D.A.R.T.S. CORNER

Mr. Glen Scott
Operations Supervisor
Aaron E. Henry / DARTS Transportation

Mr. Scott has a certification in CTAA Passenger Assistance Safety & Sensitivity (PASS) & certified trainer.

Mr. Scott is also our newest member of the Newsletter Team.

Welcome to the team, Glen!

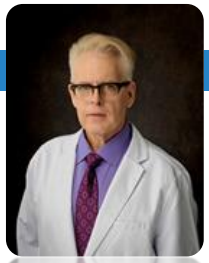
COMMUNITY TRANSPORTATION DAY
Thursday, June 15, 2023

ALL Vendors are Welcome!

To set up a table, call Calvin Glover, (662) 624-4292 x 2238

OPTOMETRIST CORNER

Shaping Clearer Vision



Dr. Sidney Wilson
600 Ohio Ave.,
Clarksdale
662.624.4292

Is Eye Surgery Right for You?

Your eyes let you picture the world. But, for many people, that image is blurry. If the shape of your eye makes it hard to see clearly, glasses and contact lenses can help bring the world into focus. For some, surgery may also be an option. But it's not for everyone. Researchers are looking for new ways to predict who will benefit from corrective eye surgeries.

Your eyes work like a camera, focusing light to capture images. The shape of your cornea, the transparent cover of the eye, is bent. This lets it focus light on the back of the eye to create a picture. The process of bending and focusing light is called refraction. If the shape of your cornea isn't perfect, it can't focus light properly, and you may have blurred or distorted vision. These are called refractive errors.

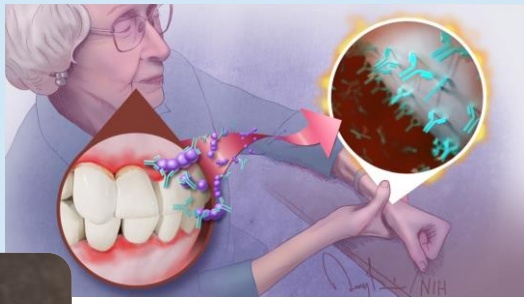
DENTIST CORNER

Connecting the Dots: Oral Infection to Rheumatoid Arthritis

To keep your teeth and gums healthy for a lifetime, it's important to brush and floss each day and see your dentist regularly.

But what you might not often stop to consider is how essential good oral health really is to your overall well-being. The mouth, after all, is connected to the rest of the body, and oral infections can contribute to problems elsewhere....

Read More . . .



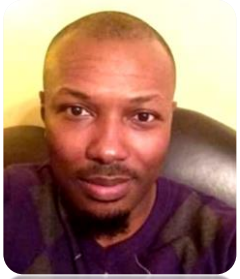
Dr. Christopher Cathey, Dentist
Clarksdale Clinic
662.624.2054

EXERCISE THERAPIST CORNER

AEHCHSC GYM:

Open M-F, 8 am - 5 pm

600 Ohio Avenue, Clarksdale, MS



Contact:
Stacey May,
Exercise Therapist,
M.S., CEPT., CPT
662.624.4292 x 2235

CEO, received Certificate of Honorary Distinction awarded to Local Trailblazers at the Clarksdale High School Annual Black History Month Celebration

FEB. 28, 2023

"Commemorating our Past as LIVING PROOF for a Promising Future"

2023 HONOREES

Mr. Dwan 'Dee' Brown
Mrs. Aurelia Jones-Taylor
Mrs. Josephine P. Rhymes
Bishop T. T. Scott
Mr. Bennie S. Gooden
Dr. Aaron E. Henry

Also present (L to R): District Superintendent, Dr. Toya Harrell-Matthews, Marian Gooden Miller (representing the late Bennie S. Gooden), Dwan Brown, Josephine P. Rhymes, and Hattie Scott (representing the late Bishop T. T. Scott).

Below: Human Resources Linda Allen, Benefits Specialist, Jacqueline Bryant, Credentialing Specialist and Cheryl Henderson, Director participated (this month) in the CCC Community Career Fair at the CCC Pinnacle. .

AEH staff members donned their African and Black History themed attire to commemorate Black History month. Staff from Administration and the Batesville clinic are pictured here.

BLACK HISTORY MONTH

AARON E. HENRY COMMUNITY HEALTH SERVICES CENTER, INC.